

„Ewige“ Bestenliste – M13

75m

9,91	Küppers, Max	2012
10,06	Sacher, Levi	2017
10,27	Laude, Lasse Yan	2019
10,27	Schäfer, Alexander	2023
10,29	Schidlowski, Nils	2013
10,50	Möller, Sven	2013
10,51	Quach, Kaiseng	2012
10,58	Kern, Clemens	2016
10,58	Reul, Sören Vincent	2017
10,59	Siedler, Tom	2014

800m

2:27,00	Dellen, Matthias	2022
2:28,29	Siedler, Tom	2014
2:31,64	Lasse, Laude Yan	2019
2:31,78	Sonnenschein, Tom	2017
2:34,13	Pütz, Kristof	2015
2:36,47	Quach, Kaiseng	2012
2:37,92	Möller, Sven	2013
2:39,88	Veselovac, Lukas	2014
2:40,58	van Heiss, Luke	2021
2:41,10	Kern, Clemens	2016

1000m

3:16,05	Bentz, Lukas	2010
3:17,51	Leister, Wilson	2010
3:29,39	Behrens, Mika	2012
3:39,31	Smaglinski, Jonas	2012
4:24,33	Pitz, Marco	2011

2000m

7:25,50	Bentz, Lukas	2010
7:51,50	Schidlowski, Nils	2013
7:52,04	Möller, Sven	2013
8:15,42	Löhrer, Milan	2023
8:15,84	Nellessen, Lars	2013
8:27,82	Quach, Kaiseng	2012
8:54,65	Foerst, Carlo	2010
8:59,39	Smaglinski, Jonas	2012

60m Hürden

9,77	Pütz, Kristof	2015
10,06	Küppers, Max	2012

10,28	Sacher, Levi	2017
10,30	Schidlowski, Nils	2013
10,43	Siedler, Tom	2014
10,54	Möller, Sven	2013
10,57	Reul, Sören Vincent	2017
10,59	Kern, Clemens	2016
10,92	Laude, Lasse Yan	2019
11,03	van Heiss, Luke	2021

Hochsprung

1,54	Sonnenschein, Ben	2017
1,52	Schäfer, Alexander	2023
1,50	Siedler, Tom	2014
1,47	Küppers, Max	2012
1,46	Pütz, Kristof	2015
1,45	Smaglinski, Jonas	2012
1,43	Nellessen, Lars	2013
1,43	Laufs, Dominik	2010
1,38	Blatt, Timon	2017
1,37	Schidlowski, Nils	2013
1,37	Dellen, Matthias	2022

Weitsprung

5,35	Schäfer, Alexander	2023
5,00	Reul, Sören Vincent	2017
4,86	Kern, Clemens	2016
4,82	Pütz, Kristof	2015
4,74	Schidlowski, Nils	2013
4,70	Küppers, Max	2012
4,69	Bentz, Lukas	2010
4,58	Veselovac, Lukas	2014
4,54	Sacher, Levi	2017
4,50	Siedler, Tom	2014

Kugelstoßen (3 kg)

12,22	Küppers, Max	2012
11,36	Kern, Clemens	2016
10,36	Nellessen, Lars	2013
10,35	Sonnenschein, Ben	2017
10,18	Pütz, Kristof	2015
9,28	Karges, Paul	2015
9,16	Quach, Kaiseng	2012
8,90	Möller, Sven	2013
8,73	Schidlowski, Nils	2013
8,66	Smaglinski, Jonas	2012

Diskuswerfen (750 g)

40,04	Kern, Clemens	2016
35,37	Pütz, Kristof	2015
33,39	Nellessen, Lars	2013
22,97	Keller, Felix	2011
22,48	Möller, Sven	2013
19,67	Smaglinski, Jonas	2012
19,33	Skouras, Nikos	2012
19,17	Peeters, Ole	2016

Speerwerfen (400 g)

37,27	Nellessen, Lars	2013
35,96	Sacher, Levi	2017
34,85	Pütz, Kristof	2015
34,23	Kern, Clemens	2016
33,90	Veselovac, Lukas	2014
31,73	Möller, Sven	2013
29,97	Sonnenschein, Ben	2017
29,44	Matthies, Keanu	2013
25,29	Dellen, Matthias	2022
25,27	Baum, Jakob	2016

Ballwerfen (200 g)

53,0	Kern, Clemens	2016
53,0	Sacher, Levi	2017
51,0	Möller, Sven	2013
49,5	Sonnenschein, Ben	2017
46,0	Nellessen, Lars	2013
46,0	Pütz, Kristof	2015
45,0	Reul, Sören Vincent	2017
44,0	Peeters, Ole	2016
43,5	Dellen, Matthias	2022
43,0	Schidlowski, Nils	2013

Dreikampf (75 - Weit - Ball)

1322 P. 10,66 - 4,57 - 53,00	Kern, Clemens	2016
1298 P. 10,63 - 4,46 – 50,00	Sacher, Levi	2017
1287 P. 10,5* - 4,49 - 49,50	Sonnenschein, Ben	2017
1274 P. 10,59 - 4,57 - 43,50	Reul, Sören Vincent	2017
1250 P. 11,04 - 4,81 - 42,50	Pütz, Kristof	2015

1247 P. 10,74 – 4,32 – 46,0	Möller, Sven	2013
--------------------------------	--------------	------

1238 P. 10,38 – 4,60 – 34,0	Schidlowski, Nils	2013
--------------------------------	-------------------	------

1222 P. 11,03 – 4,69 – 40,0	Bentz, Lukas	2010
--------------------------------	--------------	------

1215 P. 10,64 – 4,51 – 36,0	Küppers, Max	2012
--------------------------------	--------------	------

1211 P. 10,77 – 4,18 – 43,0	Nellessen, Lars	2013
--------------------------------	-----------------	------

Vierkampf (75 – Weit – Ball - Hoch)

1766 P. 10,5* - 4,49 - 1,50 - 49,50	Sonnenschein, Ben	2017
--	-------------------	------

1757 P. 10,55 - 5,35 - 30,00 - 1,52	Schäfer, Alexander	2023
--	--------------------	------

1698 P. 11,04 - 4,81 - 1,44 - 42,50	Pütz. Kristof	2015
--	---------------	------

1674 P. 10,64 – 4,51 – 36,0 – ?	Küppers, Max	2012
------------------------------------	--------------	------

1638 P. 10,63 - 4,46 - 1,24 - 50,00	Sacher, Levi	2017
--	--------------	------

1636 P. 10,59 - 4,57 - 1,28 - 43,50	Reul, Sören Vincent	2017
--	---------------------	------

1633 P. 10,38 – 4,60 – 34,0 – 1,34	Schidlowski, Nils	2013
---------------------------------------	-------------------	------

1620 P. 10,74 – 4,32 – 46,0 – 1,30	Möller, Sven	2013
---------------------------------------	--------------	------

1595 P. 11,03 – 4,69 – 40,0 – 1,30	Bentz, Lukas	2010
---------------------------------------	--------------	------

1584 P. 10,77 – 4,18 – 43,0 – 1,30	Nellessen, Lars	2013
---------------------------------------	-----------------	------

Block Basis

2176 P. 10,61 – 43,0 – 10,47 – 4,74 – 7:51,50	Schidlowski, Nils	2013
--	-------------------	------

2166 P.	Möller, Sven	2013
10,56 – 51,0 – 10,75 – 4,43 – 7:52,04		
1933 P.	Nellessen, Lars	2013
11,98 – 46,0 – 10,89 – 4,10 – 8:15,84		
1874 P.	Quach, Kaiseng	2012
10,75 – 11,66 – 4,30 – 30,0 – 8:27,82		
1746 P.	Smaglinski, Jonas	2012
11,36 – 12,45 – 4,34 – 33,0 – 8:59,39		

Block Sprint/ Sprung (75-60H-Weit-Hoch-Speer)

2047 P.	Eymael, Tom	2014
10,88 – 11,15 – 4,40 – 1,36 – 18,17		
1808 P.	Gösgens, Philip	2016
11,22 - 11,60 - 4,35 - 1,14 – 14,53		
17081 P.	Kern, Clemens	2016
10,84 - 11,27 - 4,78 - ogV. - 28,87		
17061 P.	Hölschenbach, Jakob	2016
11,59 - 13,25 - 4,14 - 1,18 - 23,82		

Block Lauf (75-60H-Weit-Hoch-Speer)

2092 P.	Laude, Lasse Yan	2019
10,27-11,46-4,25-38,50-2:31,64		
1988 P.	Veselovac, Lukas	2014
10,86/11,67/4,52/36,5/2:39,88		
1864 P.	Lester, Wilson	2010
11,01/12,08/3,87/26,0/3:17,51		
1602 P.	Müller, Florian	2015
12,38 - 13,21 - 4,10 - 33,00 - 2:58,55		
1390 P.	Pitz, Marco	2011
12,30/13,41(0,8)/3,65/21,5/4:24,33		

Block Wurf

2315 P.	10,27-11,46-4,25-38,50-2:31,64	
	Kern, Clemens	2016
10,73 - 11,31 - 4,86 - 9,76 - 32,42		
1732 P.	Keller, Felix	2011
12,35/13,56(+2,3)/3,86/08,29/22,97		